

Dear Recycle Lady



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Dear Recycle Lady,

Some cottage cheese and yogurt containers have what appears to be a liner of aluminum between the container lid and the cottage cheese or yogurt. Is this piece aluminum? Recycler

**Dear Recycler,**

**There are many look-alike aluminum liners. The best way to determine if the liner is aluminum is to crumble the liner in your hand. If it remains crumbled, the liner is aluminum and it recycles with aluminum foil. If it unfolds, it is not aluminum, and should go in the trash.**

Dear Recycle Lady,

What about milk cartons? Are they recyclable? Wondering

**Dear Wondering,**

**Currently, the Recycling Center does not have the facilities to recycle gable-top (My new word for the day!) milk cartons. At first glance, these products seem like they should go in the cardboard recycling bin. But, these boxes aren't your normal cardboard boxes! Think about what would happen if you poured orange juice in a cereal box. To keep any liquid from soaking through the cardboard, the boxes are lined with low density polyethylene (LDPE, or #4 plastic). This lining would need to be removed to make the boxes recyclable. Larger cities do have facilities for recycling them and, according to the Carton Council, "more than 60% of households across the country have access to carton recycling." The Council is working to promote and increase carton recycling nationwide. Readers who want to help them achieve this goal can sign the Council's petition at <https://www.recyclecartons.com/petition>.**

Dear Recycle Lady,

Are there websites I can check out for more information on recycling and protecting the environment?  
Most Curious

**Dear Most Curious,**

**Yes, there are several excellent websites that give information about recycling. Earth 911.com is one of my favorite sites. It has a great search feature that will answer most any question that you have. The websites <https://recyclenation.com/2019/02/10-fun-facts-about-recycling/> and [www.paperrecycles.org/recycling-resources/what-is-recyclable-](http://www.paperrecycles.org/recycling-resources/what-is-recyclable-) are two other good sites. There are two local websites, <https://greenworksrecyclingwv.com/dear-recycle-lady/> and [Recycle Lady - greenbrier-swa.com](http://RecycleLady-greenbrier-swa.com), that have recycling information as well as past Dear Recycle Lady columns. Hopefully, you will find these sites interesting and full of useful information.**

Have questions about recycling, or interesting information about recycling? Send questions or requests to [recyclelady@greenbrier-swa.com](mailto:recyclelady@greenbrier-swa.com). Dear Recycle Lady is sponsored jointly by the Greenbrier Recycling Center and Greenworks Recycling.